

February 2021

Strugglingmum
ALL ABOUT FAMILY & HOME

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
	Left over sauce with pasta	Double Crunch Honey Garlic Chicken	Pasta e Ceci	Pork Chops w/mushroom sauce	Grilled Cheese & Soup	Take out
7	8	9	10	11	12	13
Baked Pasta	Left over pasta	Salisbury Steak w/mushroom gravy	Broccoli & Red Lentil Soup	Meat with Breadcrumbs	Filled Ftira	Homemade Piza
14	15	16	17	18	19	20
Roasted Chicken	Chicken Fajita Soup	Keto Chilli	Pasta w/sauce	Phyilly Cheesesteak in a bowl	Filled Arthicoles	Take out
21	22	23	24	25	26	27
Beef Olives	Left over beef olives sauce w/pasta	30-Minute Ginger Beef	Red Lentil Soup	Slowcooker Sweet & Sour BBQ Meatballs	Ravioli	Hot Dogs
28	1	2	3	4	5	6
Lasagna						
7	8	Notes				