

August 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 Homemade Pizza
2 Lasagna	3 Falafel w/salad	4 Pasta w/white sauce	5 Pork chops w/3 bean salad	6 Tuna Salad	7 Meat with breadcrumbs	8 Hot Dogs
9 Roasted whole Chicken	10 Chicken Enchilladas	11 Red Kidney Bean Curry	12 Beef Taco Salad	13 Froga tat-tajra	14 Pork chops w/salad	15 Take out
16 Mqarrun (baked macaroni)	17 Left over Mqarrun	18 Creamy Coconut Lentil curry	19 Vegetable Quesedilla	20 Burger in Buns	21 Pasta w/white sauce	22 BBQ
23 Pork Loin	24 Taco Bell Crunchwrap	25 Omlette w/salad	26 Pasta w/sauce	27 Marinated meat	28 Pork chops w/salad	29 Take out
30 Lasagna	31	Notes				